Logic Grand Tour

- Project Window (Main Window), Workspace
- Preferences (command-comma) Audio settings and more
 - Two preference windows one global, one project specific...check out the tuning one.
- Library
- Track Header
- Track Inspector (Channel Strip)
- Editing
- Metronome
- Grid, Snap to Grid settings
- Tool menus
- Media Windows
- Loops
- Transport, Ruler (beware of Cycle Record!)
- Recording Audio
- Naming and coloring tracks and regions
- Mixing
- Effects and plugins
- Bouncing to disk
- Save your project: early and often, and back it up as well